Finding Healthy **Resilient Flooring**

Learn more about material health!

WOMEN for a Healthy ENVIRONMENT

LIVING FUTURE

Common **Resilient Flooring** Materials

Vinyl
Least preferable. When manufactured and landfilled, vinyl releases carcinogenic dioxins. It also contains phthalates and organotins (known endocrine disruptors) in addition to being highly environmentally toxic and persistent.

Rubber
Many rubber flooring products contain hazardous "crumb rubber" derived from recycled tires. Crumb rubber contains phthalates, heavy metals, processing oils, polycyclic aromatic hydrocarbons (PAHs), and other toxic additives. Avoid unless product is known to be natural rubber.

Vinyl-Free Resilient Flooring
Generally preferable, but most will still contain some type of plastic binder. In particular, avoid polyurethane.



Linoleum & Cork
Low-hazard, bio-based, and mostly biodegradable! For linoleum, choose low- or zero-VOC topcoats (and avoid liquid linoleum, which is a different type of product altogether). For cork, look for formaldehyde-free options.

Your Material Health Checklist for **Resilient Flooring**

- ☐ Do not install flooring containing vinyl (PVC) or crumb rubber (recycled tires)
- ☐ Choose bio-based options like linoleum or cork over plastic-based options
- ☐ Beware of confusing and/or misleading product lingo—for example, PVC, VCT, LVT, LVP are all vinyl flooring!
- ☐ Avoid products claiming a health benefit due to antimicrobials—these claims are unfounded, and excessive antimicrobials are a health hazard
- ☐ Opt for products whose installation methods minimize the need for adhesives, such as click-lock or floating floor systems

Healthy **Resilient Flooring** Products

These three example products are **Red List Free** (meaning they do not contain any of the building industry's worst-in-class chemicals).*

Find more healthy resilient flooring by searching the Declare database for Red List Free products, or by searching Ecomedes for Greenguard Gold or Indoor Advantage Gold products.

Declare Database

Ecomedes



forbo

Marmoleum Sheet

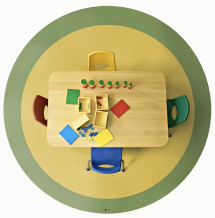
Material | Linoleum



ZANDUR INNOVATIVE FLOORING

Praxis Cork Flooring & Tavos Cork Planks

Material | Cork



Kährs

Kährs Zero Sheet

Material | Vinyl-Free Resilient Flooring

*As of June 2026. Be sure to check produce data for current status.